

**REVISED SCHEME AND SYLLABUS FOR CHOICE BASED  
CREDIT SYSTEM IN BA PSYCHOLOGY ANNUAL TO BE  
IMPLEMENTED FROM THE SESSION 2018-2019 ONWARDS**

**BA PSYCHOLOGY- I YEAR**

**COMPULSORY CORE COURSES**

Nature of Core Courses	Courses offered	Course Code	Award Type	Credits	Marks	
					Min.	Max.
CCC	English-1	Common for all Students				
CCC	Sanskrit/Hindi-1	Common for all students				

**DISCIPLINE SPECIFIC CORE**

<b>DSC-1A</b>	Foundation of Psychology	BAPSYCA101TH	Theory	4	28	70
		BAPSYCA101IA	CCA	2	12	30
<b>DSC-1B</b>	Introduction to Social Psychology	BAPSYCA102TH	Theory	3	20	50
		BAPSYCA102PR	Practical	1	8	20
		BAPSYCA102IA	CCA	2	12	30
<b>DSC-2A</b>	Choice Based Course from Other Discipline					
<b>DSC-2B</b>	Choice Based Course from Other Discipline					

**ABILITY ENHANCEMENT COMPULSORY CORE (AECC)**

<b>AECC-I</b>	Environmental Studies	Common for all students				
<b>AECC-II</b>	Hindi/ English/ Sanskrit	Common for all students				

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**BA PSYCHOLOGY- II YEAR**

**COMPULSORY CORE COURSES**

Nature of Core Courses	Courses offered	Course Code	Award Type	Credits	Marks	
					Min.	Max.
CCC	English-2	Common for all Students				
CCC	Sanskrit/Hindi-2	Common for all students				

**DISCIPLINE SPECIFIC CORE**

<b>DSC-1C</b>	Psychopathology	BAPSYCA203TH	Theory	3	20	50
		BAPSYCA203PR	Practical	1	8	20
		BAPSYCA203IA	CCA	2	12	30

<b>DSC-1D</b>	Statistical Methods	BAPSYCA204TH	Theory	4	28	70
		BAPSYCA204IA	CCA	2	12	30

<b>DSC-2C</b>	Choice Based Course from Other Discipline					
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<b>DSC-2D</b>	Choice Based Course from Other Discipline					
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**SKILL ENHANCEMENT COURSES**

<b>SEC-1</b>	Sociopathic Disorders	BAPSYCA205TH	Theory	3	28	70
		BAPSYCA205IA	CCA	1	12	30
<b>SEC-2</b>	Psychology of Collective Behaviour	BAPSYCA206TH	Theory	3	28	70
		BAPSYCA206IA	CCA	1	12	30

**REVISED SCHEME AND SYLLABUS FOR CHOICE BASED CREDIT SYSTEM IN BA PSYCHOLOGY TO BE IMPLEMENTED FROM THE SESSION 2018-2019 ONWARDS**

**BA PSYCHOLOGY- III YEAR**

**SKILL ENHANCEMENT COURSES**

Nature of Core Courses	Courses offered	Course Code	Award Type	Credits	Marks	
					Min.	Max.
SEC-3	Health and Wellbeing	BAPSYCA307TH	Theory	3	28	70
		BAPSYCA307IA	CCA	1	12	30

SEC-4	Psychology of Personality	BAPSYCA308TH	Theory	3	28	70
		BAPSYCA308IA	CCA	1	12	30

**DISCIPLINE SPECIFIC ELECTIVE**

DSE-1A	Experimental Psychology	BAPSYCA309TH	Theory	3	20	50
		BAPSYCA309PR	Practical	1	8	20
		BAPSYCA309 IA	CCA	2	12	30

DSE-1B	Stress Management	BAPSYCA310 TH	Theory	4	28	70
		BAPSYCA310 IA	CCA	2	12	30

DSE-2A	Choice Based Course from Other Discipline					
DSE-2B	Choice Based Course from Other Discipline					

**Generic Elective**

GE-1	Comprehensive Knowledge of Himachal Pradesh	BAPSYCA311TH	Theory	4	28	70
		BAPSYCA311IA	CCA	2	12	30
GE-2	Substance Use Disorders	BAPSYCA312TH	Theory	4	28	70
		BAPSYCA312IA	CCA	2	12	30

## BA-I PSYCHOLOGY (DSC-1A)

Outline of the UGC recommended CBCS system for BA Psychology (Regular) syllabus, CBCS Course Scheme, the Examination Pattern, CCA Scheme and Paper Setting to be implemented from Academic Session 2018-19.

### COURSE: FOUNDATION OF PSYCHOLOGY (BAPSYCA101TH)

Course Code	BAPSYCA101TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

### FOUNDATION OF PSYCHOLOGY (BAPSYCA101IA)

#### Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

### FOUNDATION OF PSYCHOLOGY (BAPSYCA101TH)

#### Annual Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
CCA	30	12	
Total	100	40	

**FOUNDATION OF PSYCHOLOGY (BAPSYCA101TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

**FOUNDATION OF PSYCHOLOGY (BAPSYCA101TH)**

Paper Setting scheme for Psychology (Theory) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-1I	About 500 words	1	10	10
D		02	Unit-1II	About 500 words	1	10	10
E		02	Unit-1V	About 500 words	1	10	10
Total							70

# **SYLLABUS-DSC-1A**

## **FOUNDATION OF PSYCHOLOGY (BAPSYCA101TH)**

### **Unit 1: Introduction:**

Psychology: Historical perspective. Nature and Scope. Methods: Experimental and Observational.

### **Unit 2: Cognitive processes:**

Perception: nature of perception, laws of perceptual organization, learning: conditioning, observational learning.

### **Unit 3: Motivation and Emotion:**

Motives: biogenic and sociogenic motives.  
Emotions: Nature of emotions, key emotions.

### **Unit 4: Personality and Intelligence:**

Personality: Nature, determinants  
Intelligence: Nature, determinants

### **Readings:**

- Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., & Hilgard, E.R. (1990). Introduction to Psychology (10th ed.). New York: Harcourt Brace Jovanovich.
- Baron, R. A. (2005). Psychology (5<sup>th</sup> Ed.). New Delhi: Sanat Printers.
- Benjamin, Jr. L. T.(1988). A history of psychology: Original sources and contemporary research. London: McGraw Hill.
- Chadha, N.K. & Seth, S. (2014). *The Psychological Realm: An Introduction*. Pinnacle
- Ciccarelli , S. K & Meyer, G.E (2008). *Psychology (South Asian Edition)*. New
- Ciccarelli, S. K. & Meyer, G. E. (2007). Psychology. New Delhi: Pushpati Printers.
- Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
- Eysenck, H. J. (2009). Fundamental of Psychology. New York: Psychology Press Taylor and Francis.
- Feldman.S.R.(2009).*Essentials of understanding psychology ( 7th Ed.)* New Delhi :
- Glassman,W.E.(2000). Approaches to Psychology(3rd Ed.). Buckingham: Open
- Jain, Shashi (2007 ). Introduction to Psychology (4<sup>th</sup> Ed.).New Delhi: Kalyani Publishers.

- Mangal, S. K. (2013). *General Psychology*. New Delhi: Sterling Publishers Pvt. Ltd.
- Mangal, S. K. (2013). *General psychology*. New Delhi: Sterling Publisher Pvt. Ltd.
- Marx, M. H. & Cronan-Hillix, W. a. (1987). *Systems and theories of psycholoty*(4<sup>th</sup> Ed.). New York: McGraw Hill.
- Matthijs Corne, R. M. (2010). *Foundatiuon of Indian Psychoogy* vol. I. Pearson.
- Morgan, C.T. et al. (1979), *Introduction to Psychology*. New Delhi: T.M.H.
- Morris, C. G. (1990). *Psychology: An Introduction*. New Delhi: Prentice Hall.
- Singh, A. and Singh, U. (1984). *Samanya Manovigyan*. Bhiwani: Vaidic Prakashan.
- Singh, R. N. (2010). *Adhunik Samanya Manovigyan*. Agra: Aggrawal Publications.
- Singh, R. N. (2010). *Mool manoviganik prakriyaen*. Agra: Aggarwal Publication
- Singh, R. N. (2010). *Adhunik Samanya Manovigyan*. Agra: Aggrawal Publication.
- Singh, R. N. (2010). *Mool Manoviganik Prakriyaen*. Agra: Aggrawal Publications.
- Smith, E. E., Atkinson, R. L. & Hilgard, E. R. (2003). *Atkinson and Hilgard Introduction to psychology*. USA: Thompson Learning.
- Smith, E.E. , Atkinson, R. L. & Hilgard, E. R. (2003). *Atkinson and Hilgards introductions to Psychology*. USA: Thompson Learning.
- Srivastava, D. N. & Verma, P. (2009). *Adhunik Samanya Manovigyan* . Agra: Aggrawal Publication.
- Srivastava, D. N. & Verma, P. (2009). *Adhunik Samanya Manovigyan*. Agra: Aggrawal Publications.
- Srivastava, D. N. (2009). *Manoviganik Prakriyaen*. Agra: Aggrawal Publications.
- Srivastava, D. N. (Revised). *General Psychology*. Agra: Aggrawal Publications.
- Taylor, Z. (2013). *Fundamental of Psychology*. Salon.com.
- Tiwari, Ramkalap (2009). *Manoviganik Prakriyaen*. Agra: Aggrawal Publications.
- Zinta, R. L. (2010). *Psychology Manual*. New Delhi: HG Publication.
- Zinta, R. L. (2018). *Psychology: Cannon for Budding Brain*. New Delhi : Indu Publishers and Distributors.

## **BA-1 PSYCHOLOGY (DSC-1B)**

### **INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCA102TH/PR)**

#### **COURSE: INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCA102TH/PR)**

Course Code	BAPSYCA102TH/PR		
Credits-4	L	T	P
	60	15	15
Course Type	Core		
Lectures to be Delivered	90		

### **INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCA102IA)**

#### **Continuous Comprehensive Assessment (CCA) Pattern in Psychology**

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

### **INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCA102TH/PR)**

#### **Annual Examination System**

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	50	20	3.00 Hrs
Practical	20	8	3.00 Hrs
CCA	30	12	
Total	100	40	



## INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCA102TH/PR)

Unit	Allotted Time Hours		
	L	T	P
I.	15	4	3
II.	15	3	4
III.	15	4	4
IV.	15	4	4
	60	15	15

L-Lecture, T-Tutorial and P-Practical

## INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCA102TH/PR)

Paper Setting schemes for Psychology (Theory) Annual Examination

Parts	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Total Marks
A	9	Complete	Objective Type (MCQ)	9(1 mark each)	9
B	4	Complete	Short answer type (100-150 words)	3(2 marks each)	6
C	2	Complete	Medium answer type (300 words)	2(5 marks each)	10
D	2	Complete	Long answer type 500 words	1(10 mark each)	10
E	2	Complete	Very Long answer type 800 words	1(15 mark each)	15
Total					50

# **SYLLABUS (DSC-1B INTRODUCTION TO SOCIAL PSYCHOLOGY (BAPSYCA102 TH/PR)**

## **Unit 1: Introduction:**

Concept of social psychology; Scope of social Psychology.  
Methods of social Psychology: Sociometry and Questionnaire.

## **Unit 2: Individual level processes:**

Person perception: Concept and nature.  
Attitude: formation and change

## **Unit 3: Interpersonal processes:**

Interpersonal attraction; concept and determinants.

## **Unit 4: Group dynamics:**

Key aspects of groups: Social influence: conformity and obedience.

## **Readings**

- Baron, R. A., Byrne, d. & Bhardwaj, G. (2010). Social Psychology (12 th Ed.). New Delhi: Pearson.
- Chadha, N. K. (2012). Social Psychology. New Delhi: MacMillan.
- Mathur, S. S. (Revised). Social Psychology. Agra Aggrawal Pub.
- Mohanty, Girishbala (2008). Social Psychology. New Delhi: Kalyani Publishers.
- Mthur, S. S. (2009). Samaj manovigyan. Agra: Mudrak B. P. Printers.
- Myers, D. G. (2008). Social Psychology. New Delhi: Tata McGraw Hill.
- Singh, R. N. (2009). Adhunik samajik Manovigyan. Agra: Aggarwal Publications.
- Srivastava, D. N. (2011). Adhunik samajik manovigyan. Agra: Aggarwal Publications.
- Srivastava, D. N., Singh, R. & Pandey, J. (1991). Adhunik samaj manovigyan. Agra: Bhargava
- Zinta, R. L. & Kanwar, S. (2017). Psychology of jealousy and suspiciousness. New Delhi: Indu Book Services.
- Zinta, R. L. & Kaundal, S. (2016). HIV-AIDS Pandemics: Threats and concerns. Delhi: Indu Book Services.
- Zinta, R. L. & Kaur, G. J. (2013). Military Personnel Psychology. New Delhi: Neha Publisher and Distributors.
- Zinta, R. L. & Kumari, S. (2016). Psychology of marriage. New Delhi: Indu Book Services.
- Zinta, R. L. & Kwatra, A. K. (2018). Cyberpsychology: Arsenal for Growing Mind. Delhi: Indu Book Services.
- Zinta, R. L. & Nadda, K. (2016). Displacement and Rehabilitation Psychology. Delhi: Indu Book Services.
- Zinta, R. L. & Negi, D. (2016). Religious Psychology: Conflicts reconciliation through possession of local deities. Delhi: Indu Book Services.

- Zinta, R. L. & Negi, S. (2013). Wellbeing: A case study on polyandrous and monogamous tribal people. New Delhi: Neha Publication.
- Zinta, R. L. & Thakur, R. (2017). Psychology of Poverty. Delhi: Indu Book Services.
- Zinta, R. L. & Verma, L. K. (2018). Squatter and slum stacks: Resources for the Development. Delhi: Indu Book Services.
- Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.
- Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.
- Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
- Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

## BA-II PSYCHOLOGY (DSC-1C)

### COURSE: PSYCHOPATHOLOGY (BAPSYCA203TH/PR)

Course Code	BAPSYCA203TH/PR		
Credits-4	L	T	P
	60	15	15
Course Type	Core		
Lectures to be Delivered	90		

### PSYCHOPATHOLOGY (BAPSYCA203IA)

#### Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

### PSYCHOPATHOLOGY (BAPSYCA203TH/PR)

#### Annual Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	50	20	3.00 Hrs
Practical	20	8	3.00 Hrs
CCA	30	12	
Total	100	40	

**PSYCHOPATHOLOGY (BAPSYCA203TH/PR)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	4	3
II.	15	3	4
III.	15	4	4
IV.	15	4	4
	60	15	15

L-Lecture, T-Tutorial and P-Practical

**PSYCHOPATHOLOGY (BAPSYCA203TH/PR)**

Paper Setting scheme for Psychology (Theory) Annual Examination

Parts	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Total Marks
A	9	Complete	Objective Type (MCQ)	9(1 mark each)	9
B	4	Complete	Short answer type (100-150 words)	3(2 marks each)	6
C	2	Complete	Medium answer type (300 words)	2(5 marks each)	10
D	2	Complete	Long answer type 500 words	1(10 mark each)	10
E	2	Complete	Very Long answer type 800 words	1(15 mark each)	15
Total					50

# SYLLABUS: DSC-1C

## PSYCHOPATHOLOGY (BAPSYCA203TH/PR)

**Unit 1:** Basic Concepts: Definition and criteria of abnormality; Difference between Normal and Abnormal.

**Unit 2:** Theoretical perspectives:  
Behavioral and psychodynamic.

**Unit 3:** Clinical status:  
Concept of Anxiety disorders-Obsessive compulsive disorder, mood disorders-Unipolar, Bipolar; schizophrenia: Paranoid and Catatonic.

**Unit 4:** Treatment of disorders:  
a) Biological treatment: Electroconvulsive therapy.  
b) Psychological treatment: Psychoanalytic therapy and Behaviour therapy.

### Readings:

- Barlow D.H. & Durand, V.M. (2005). *Abnormal Psychology: An Integrated*
- Carson,R.C., Butcher, J. N., Mineka, S. & Hooley,J. M. (2008). *Abnormal Psychology*.
- Chauhan, R. R. (2001). *Asamanaya Manovigyan*. Kurukshetra: Azad Publications.
- Davison, G. C. & Neale, J. M. (1998). *Abnormal Psychology (7<sup>th</sup> Ed.)*. New York: John Wiley.
- Dixit, Nirupama (2010). *Adhunik Asamanaya Manovigyan*. Agra: Aggrawal Pub.
- Frude, N. (1998). *Understanding abnormal psychology*. Oxford: Blackwell
- Mangal, S. K. (2008). *Abnormal Psychology*. New Delhi: Sterling.
- Mohanty, G. (2004). *A text book of abnormal psychology*. New Delhi: Kalyani.  
New Delhi: Pearson.  
Publishers.
- Sarason, I. G. , & Sarason. B. R. (1996). *Abnormal Psychology*. New Delhi: Prentice Hall of  
India.
- Singh, L. & Tiwari, G. (2008). *Asamanaya Manovigyan*. Agra: Vinok Pustak mandir.
- Singh, R. N. (2009). *Adhunik Asamanaya Manovigyan*. Agra: Aggrawal Pub.
- Srivastava, A. (2010). *Manovikriti vigyan*. Agra: Aggrawal Pub.
- Zinta, R. L. (2010). *Psychology manual*. New Delhi: HG Publications.
- Zinta, R. L. (2018). *Psychology: Cannon for Budding Brain*. New Delhi : Indu Publishers and  
Distributors.

## BA-II PSYCHOLOGY (DSC-1D)

### COURSE: STATISTICAL METHODS (BAPSYCA204TH)

Course Code	BAPSYCA204TH		
Credits-4	L	T	P
	60	30	0
Course Type	Core		
Lectures to be Delivered	90		

### COURSE: STATISTICAL METHODS (BAPSYCA204IA)

#### Continuous Comprehensive Assessment (CCA) Pattern in psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

### COURSE: STATISTICAL METHODS (BAPSYCA204TH)

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
Practical	Nil	Nil	0.00 Hrs
CCA	30	12	
Total	100	40	

**STATISTICAL METHODS (BAPSYCA204TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

**STATISTICAL METHODS (BAPSYCA204TH)**

Paper Setting Scheme for psychology (Theory Paper) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70



**SYLLABUS (DSC-1D)**  
**STATISTICAL METHODS (BAPSYCA204TH)**

**Unit 1:** Measures of central tendency: Mean, Mode and Median for grouped data by any one method.

**Unit 2:** Standard deviation computation.

**Unit 3:** Correlation: Types, computation by Pearson method.

**Unit 4:** Qualitative methods: Interview, observation, case study.

**Readings:**

Chadha, N.K. (1991). Statistics for Behavioral and Social Sciences. Reliance Pub.

House: New Delhi.

Garrett, H.E. & Woodworth, R.S. (1987). Statistics in Psychology and Education.

Mumbai: Vakils, Feffer & Simons Pvt. Ltd.

Gregory, R.J. (2006). Psychological Testing: History, Principles, and Applications (4<sup>th</sup> Ed.). New Delhi: Pearson Education.

King, B.M. & Minium, E.W, (2007). Statistical Reasoning in the behavioral Sciences USA: John Wiley & Sons.

Garrett, H. E. (2007). Shiksha aur manovigyan mein sankhyaki ka prayog. New Delhi: Kalyani.

Guilford, J. P. (1954). Psychometric methods. Bombay: Tata McGraw Hill Pub. Co. Ltd.

Jain, Shashi (2007). Introduction to psychology (4<sup>th</sup> Ed.).New Delhi: Kalyani.

Singh, R. N. (2009). Adhunik samajik Manovigyan. Agra: Aggarwal Publications.

Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

## BA-II PSYCHOLOGY (SEC-1)

### COURSE: SOCIOPATHIC DISORDERS (BAPSYCA205TH)

Course Code	BAPSYCA205TH		
Credits-4	L	T	P
	60	30	0
Course Type	SEC		
Lectures to be Delivered	90		

### COURSE: SOCIOPATHIC DISORDERS (BAPSYCA205IA)

#### Continuous Comprehensive Assessment (CCA) Pattern in psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

### COURSE: SOCIOPATHIC DISORDERS (BAPSYCA205TH)

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
Practical	Nil	Nil	0.00 Hrs
CCA	30	12	
Total	100	40	

### SOCIOPATHIC DISORDERS (BAPSYCA205TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

### SOCIOPATHIC DISORDERS (BAPSYCA205TH)

Paper Setting Scheme for psychology (Theory Paper) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70

## SYLLABUS (SEC-1)

### SOCIOPATHIC DISORDERS (BAPSYCA205TH)

Unit-I: Nature of Anti-social Personality. Clinical Picture and causal factors.

Unit-II: Etiology of criminal behavior.

Unit-III: Juvenile Delinquency and causes of delinquent behavior.

Unit-IV: Socio Psychological Intervention in brief.

#### Recommended Books

- Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
- Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13<sup>th</sup> Ed. New Delhi: Pearson Education.
- Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10<sup>th</sup> edition.
- Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
- Coleman, James (1980). Abnormal Psychology and Modern Life. New Delhi: Pearson Publications Pvt. Ltd.
- Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
- Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
- Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
- Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
- Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
- Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
- Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
- Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
- Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
- Singh, L., & Tiwari, G. (2008). Asamanya Manovigyan. Agra: Vinod Pustak Mandir.
- Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
- Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications.
- Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahitya
- Theodore P. Beauchaine, & Stephen P. Hinshaw (2013). Child and Adolescent Psychopathology. John Wiley & Sons.
- Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
- Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.

## BA-II PSYCHOLOGY (SEC-II)

### COURSE: PSYCHOLOGY OF COLLECTIVE BEHAVIOUR (BAPSYCA206TH)

Course Code	BAPSYCA206TH		
Credits-4	L	T	P
	60	30	0
Course Type	SEC		
Lectures to be Delivered	90		

### COURSE: PSYCHOLOGY OF COLLECTIVE BEHAVIOUR (BAPSYCA206IA) Continuous Comprehensive Assessment (CCA) Pattern in psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

### COURSE: PSYCHOLOGY OF COLLECTIVE BEHAVIOUR (BAPSYCA206TH)

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
Practical	Nil	Nil	0.00 Hrs
CCA	30	12	
Total	100	40	

## PSYCHOLOGY OF COLLECTIVE BEHAVIOUR (BAPSYCA206TH)

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

### PSYCHOLOGY OF COLLECTIVE BEHAVIOUR (BAPSYCA206TH) Paper Setting Scheme for psychology (Theory Paper) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70

## **SYLLABUS (SEC-2)**

### **PSYCHOLOGY OF COLLECTIVE BEHAVIOUR (BAPSYCA206TH)**

Unit-I : Concept and types of collective behavior (Crowd, audience etc.)

Unit-II: Characteristics and types of crowd and audience.

Unit-III: Pro-social behavior, determinants and bystanders effect.

Unit-IV: Propaganda, meaning, types and importance of propaganda.

#### **Recommended Books**

- Baron, R. A., Branscombe, N. R., & Byrne, D. E. (2007). *Social Psychology*. Pearson.
- Baron, R.A. Byrne, D. & Bhardwaj. ( 2002 ). *Social Psychology: Understanding Human Interaction*. New Delhi: Prentice Hall.
- Baron, R.A. & Byrne, D. (1993). *Social Psychology: Understanding Human Interaction*. New Delhi: Prentice Hall.
- Hogg, M. A. & Cooper, J. (2003). *Handbook of social psychology*. Sage publications.
- Hogg, M. A. & Vaugan, G. M. (2008). *Social Psychology*. Sage publication .
- Kretch and Crutchfield (1948). *Theory and Problems of Social Psychology*. New York: McGraw Hill.
- Mathur, S. S. (2009). *Samaj Manovigyan*. Agra: Mudrak B. P. Printers.
- McDavid, J. W. & Harrari, H. (1968). *Social Psychology*. New York: Harper & Row.
- Misra, G. (1990). *Applied Social Psychology*. New Delhi: Sage Publications.
- Mohanty, Girishbala (2008). *Social Psychology*. New Delhi: Kalyani Publishers.
- Myers, D.G. (1998). *Social Psychology*. New York: McGraw Hill.
- Rastogi, G.D. (1986). *Adhunik Samaj Manovigyan*, Agra: Bhargava.
- Sanderson, C. A. (2011). *Social psychology*. Delhi: Choudhary Printers.
- Sharma, R. N. (1993). *Essentials of Social Psychology*. New Delhi: Surjeet Publications.
- Singh, R. N. (2009). *Adhunik Samajik Manovigyan*. Agra: Aggrawal Publication
- Srivastava, D. N. (2011). *Adhunik Samajik Manovigyan*. Agra: Aggrawal Publication
- Srivastava, D.N. Singh, R. & Pandey, J. (1991). *Adhunik Samaj Manovigyan*, Agra: Bhargava.
- Worchel, S. (2000). *Social Psychology*. Sage publication.
- Zinta, R. L. (2010). *Psychology Manual*. New Delhi: HG Publication.
- Zinta, R. L. (2018). *Psychology: Cannon for Budding Brain*. New Delhi : Indu Publishers and Distributors

## BA-III PSYCHOLOGY (SEC-3)

### COURSE: HELTH AND WELLBEING (BAPSYCA307TH)

Course Code	BAPSYCA307TH		
Credits-4	L	T	P
	60	30	0
Course Type	SEC		
Lectures to be Delivered	90		

### COURSE: PSYCHOLOGY OF COLLECTIVE BEHAVIOUR (BAPSYCA307IA)

#### Continuous Comprehensive Assessment (CCA) Pattern in psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

**The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.**

### COURSE: HELTH AND WELLBEING (BAPSYCA307TH)

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
Practical	Nil	Nil	0.00 Hrs
CCA	30	12	
Total	100	40	



**Allotted Time**  
**HEALTH AND WELLBEING (BAPSYCA307TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

**HEALTH AND WELLBEING (BAPSYCA307TH)**

Paper Setting Scheme for psychology (Theory Paper) Annual Examination

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70

**SYLLABUS (SEC-3)**  
**HEALTH AND WELL-BEING (BAPSYCA307TH)**

**UNIT -1:** Introduction to Health Psychology: components of health, relationship between health and psychology, mind and body relationship, goals of health psychology.

**UNIT -2:** Well-Being: components of well-being: life satisfaction, affect.

**UNIT -3:** Stress: causes, consequences and coping with stress.

**UNIT -4:** Health enhancing behaviors: Implications for well-being: psychological factors: resilience, hope, optimism; exercise, safety, nutrition.

**Reading List:**

DiMatteo, M.R. and Martin, L.R.(2002). Health psychology. New Delhi: Pearson.

Sarafino, E.P. (2002). Health psychology: Bio psychosocial interactions ( 4th Ed.).NY: Wiley.

Snyder, C.R., & Lopez, S. J.(2007).Positive psychology :The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage.

Taylor, S.E. (2006). Health Psychology (6th Ed.). New York: Tata McGraw Hill.

Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors (In press)

## BA-III PSYCHOLOGY (SEC-4)

### COURSE: PSYCHOLOGY OF PERSONALITY (BAPSYCA308TH)

Course Code	BAPSYCA308TH		
Credits-4	L	T	P
	60	30	0
Course Type	SEC		
Lectures to be Delivered	90		

### COURSE: PSYCHOLOGY OF PERSONALITY (BAPSYCA308IA)

#### Continuous Comprehensive Assessment (CCA) Pattern in psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

**The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.**

### COURSE: PSYCHOLOGY OF PERSONALITY (BAPSYCA308TH)

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
Practical	nil	Nil	0.00 Hrs
CCA	30	12	
Total	100	40	

**Allotted Time**  
**PSYCHOLOGY OF PERSONALITY (BAPSYCA308TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

**PSYCHOLOGY OF PERSONALITY (BAPSYCA308TH)**  
**Paper Setting Scheme for psychology (Theory Paper) Annual Examination**

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
Total							70

**SYLLABUS (SEC-4)**  
**PSYCHOLOGY OF PERSONALITY (BAPSYCA308TH)**

Unit-I : Concept of Personality: Nature and nurture (Bio-psycho-social and cultural aspects of Personality).

Unit-II. Approaches to personality: Allport, Eysenck and Cattell.

Unit-III: Assessment of Individual difference personality through objective and projective tests (EPI, MPI, TAT and Rorschach tests).

Unit-IV: Elements of Psychoanalytic Model in brief.

**Recommended Books**

- Atkinson, R.L., Atkinson, R.C., Smith, E.E., Bem, D. J., & Hilgard, E.R. (1990). Introduction to Psychology (10th ed.). New York: Harcourt Brace Jovanovich.
- Baron, R. A. (2005). Psychology (5<sup>th</sup> Ed.). New Delhi: Sanat Printers.
- Benjamin, Jr. L. T.(1988). A history of psychology: Original sources and contemporary research. London: McGraw Hill.
- Ciccarelli, S. K. & Meyer, G. E. (2007). Psychology. New Delhi: Pushpati Printers.
- Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.
- Eysenck, H. J. (2009). Fundamental of Psychology. New York: Psychology Press Taylor and Francis.
- Jain, Shashi (2007 ). Introduction to Psychology (4<sup>th</sup> Ed.).New Delhi: Kalyani Publishers.
- Jaiswal, Sita Ram (2008). Vyaktittva ka Manovigyan. Agra Aggrawal Publications
- Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Marx,M. H. & Cronan-Hillix, W. a. (1987). Systems and theories of psycholoty(4<sup>th</sup> Ed.). New York: McGraw Hill.
- Matthijs Corne, R. M. (2010). Foundatiuon of Indian Psychology vol. I. Pearson.
- Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.
- Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.
- Singh, A. and Singh,U.(1984). Samanya Manovigyan. Bhiwani: Vaidic Prakashan.
- Singh, R. N. (2008). Vyaktittva ka Manovigyan. Agra Aggrawal Publications.
- Smith, E.E. , Atkinson, R. L. & Hilgard, E. R. (2003). Atkinson and Hilgards introductions to Psychology. USA: Thompson Learning.
- Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.
- Srivastava, D. N. (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.
- Taylor, Z. (2013). Fundamental of Psychology. Salon.com.
- Tiwari, Ramkalap (2009). Manoviganik Prakriyaen. Agra: Aggrawal Publications.
- Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.

## BA-III PSYCHOLOGY (DSE-1A)

### COURSE: EXPERIMENTAL PSYCHOLOGY (BAPSYCA309TH/PR)

Course Code	BAPSYCA309TH/PR		
Credits-4	L	T	P
	60	15	15
Course Type	DSE		
Lectures to be Delivered	90		

### EXPERIMENTAL PSYCHOLOGY (BAPSYCA309IA)

#### Continuous Comprehensive Assessment (CCA) Pattern in Psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.

### EXPERIMENTAL PSYCHOLOGY (BAPSYCA309TH/PR)

#### Annual Examination System

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	50	20	3.00 Hrs
Practical	20	8	3.00 Hrs
CCA	30	12	
Total	100	40	

**EXPERIMENTAL PSYCHOLOGY (BAPSYCA309TH/PR)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	4	3
II.	15	3	4
III.	15	4	4
IV.	15	4	4
	60	15	15

L-Lecture, T-Tutorial and P-Practical

**EXPERIMENTAL PSYCHOLOGY (BAPSYCA309TH/PR)**

Paper Setting schemes for Psychology (Theory) Annual Examination

Parts	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Total Marks
A	9	Complete	Objective Type (MCQ)	9(1 mark each)	9
B	4	Complete	Short answer type (100-150 words)	3(2 marks each)	6
C	2	Complete	Medium answer type (300 words)	2(5 marks each)	10
D	2	Complete	Long answer type 500 words	1(10 mark each)	10
E	2	Complete	Very Long answer type 800 words	1(15 mark each)	15
Total					50

## **SYLLABUS (DSE-1A)**

### **EXPERIMENTAL PSYCHOLOGY (BAPSYCA309TH/PR)**

Unit I: Types of Sensation: Structure and function of Visual and auditory Sensation.

Unit II: Perceptual Processes: Perceptual organization: Gestalt Theory, Laws, Concept of Figure and Ground.

Unit III: Depth Perception, Monocular and Binocular cues.

Unit-IV: Nature and types Attention. Factor affecting attention.

#### Readings

Baron, R. A. (2005). Psychology (5<sup>th</sup> Ed.). New Delhi: Sanat Printers.

Carlson, N. R. (2009). Foundation of physiological psychology. Amazon.

Chauhan, B. R. (2001). Adhunik Prayogic Manovigyan(fourth Ed.) . Kuruksheetra: Azad Publication.

Coon, D. & Mitterer, J. O. (2007). Introduction to Psychology: Gateway to mind and behavior. New Delhi: Akash.

Jain, Shashi (2007 ). Introduction to Psychology (4<sup>th</sup> Ed.).New Delhi: Kalyani Publishers.

Kantowitz, H. & Kantowitz, R. L. (2006) Study guide for experimental psychology. Atlantik.

Mangal, S. K. (2013). General Psychology. New Delhi: Sterling Publishers Pvt. Ltd.

Morgan, C.T. et al. (1979), Introduction to Psychology. New Delhi: T.M.H.

Morris, C. G. (1990). Psychology: An Introduction. New Delhi: Prentice Hall.

Ramnath Sharma & Rachna Sharma (2006). Experimental Psychology. Atlantik Publisher.

#### Recommended Books:

Singh, R. N. (2010 ). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.

Srivastava, D. N. & Verma, P. (2009). Adhunik Samanya Manovigyan. Agra: Aggrawal Publications.

Srivastava, D. N. (Revised). General Psychology. Agra: Aggrawal Publications.

Zana, M. & Olson, J. (2013). Advances in experimental social psychology. Elsevier.

Zinta, R. L. (2010). Psychology manual. New Delhi: HG Publications.

Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors.



## BA-III PSYCHOLOGY (DSE-1B)

### COURSE: STRESS MANAGEMENT (BAPSYCA310TH)

Course Code	BAPSYCA310TH		
Credits-4	L	T	P
	60	30	0
Course Type	DSE		
Lectures to be Delivered	90		

### COURSE: STRESS MANAGEMENT (BAPSYCA310IA) Continuous Comprehensive Assessment (CCA) Pattern in psychology

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

**The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.**

### COURSE: STRESS MANAGEMENT (BAPSYCA310TH)

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
Practical	Nil	nil	0.00 Hrs
CCA	30	12	
Total	100	40	

**Allotted Time**  
**STRESS MANAGEMENT (BAPSYCA310TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

**STRESS MANAGEMENT (BAPSYCA310TH)**  
**Paper Setting Scheme for psychology (Theory Paper) Annual Examination**

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
<b>Total</b>							70

## **SYLLABUS (DSE-1B)**

### **STRESS MANAGEMENT (BAPSYCA310TH)**

Unit-I Nature and Type of Stress: Causes of Stress: Life Events Stress, Daily Hassles – Household Hassles, Health Hassles, Time Pressure Hassles, Inner Concern Hassles.

Unit-II: Stress and Physical Health: Physiological Consequences of Stress: (Essential Hypertension, Coronary Heart Disease , Asthma, Ulcer and Colitis).

Unit-III: Sources of stress: Frustration (Concept, causes and reactions); conflicts (Concepts and types)

Unit-IV: Some Common Techniques of stress management.

#### **RECOMMENDED BOOKS :**

Lazarus, R. S. & Folkman, S. (1984). Stress, Appraisal and Coping. New York : Springer

Cooper, C. & Payne, R. (1988). Causes, Coping and Consequences of Stress at Work. Chichester : Wiley. 51

Mishra, G. (1999). Psychological Perspectives on Stress and Health. New Delhi: Concept Publishing Company.

Dougall, A. L. & Baum, A. (2001). Stress, health and illness: Handbook of Health Psychology. New Delhi: Mahwah Publishers.

Rathus, S. A. & Nevid, J.S. (2002). Psychology and the Challenges of Life : Adjustment in the New Millennium (8th Ed.). New York : John Wiley & Sons.

Sharma, R. N. & Sharma, R. (2004). Guidance and counseling in India. New Delhi: Atlantik Publishers (available both Hindi and in English).

Patel, M.K. & Nasit, T.B. (2008). Stress, Emotions, Coping and Health. Rajkot : Saurashtra University Press.

Mathur, S. S. (2008). Swasthay Manovigyan. Agra: Aggrawal Publications.

Mathur, S. S. (2008). Positive Psychology. Agra: Aggrawal Publications

Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10<sup>th</sup> edition.

Coleman, James (1980). Abnormal Psychology and Modern Life. New Delhi: Pearson Publications Pvt. Ltd.

- Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
- Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahitya Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
- Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
- Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
- Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
- Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
- Singh, L., & Tiwari, G. (2008). Asamanya Manogigyan. Agra: Vinod Pustak Mandir.
- Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
- Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
- Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
- Theodore P. Beauchaine, & Stephen P. Hinshaw (2013). Child and Adolescent Psychopathology. John Wiley & Sons.
- Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publcatons.
- Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13<sup>th</sup> Ed. New Delhi: Pearson Education.
- Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
- Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
- Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications.
- Zinta, R. L. (2010). Psychology Manual. New Delhi: HG Publication.
- Zinta, R. L. (2018). Psychology: Cannon for Budding Brain. New Delhi : Indu Publishers and Distributors

## BA-III PSYCHOLOGY (GE-1)

### COURSE: COMPREHENSIVE KNOWLEDGE OF HIMACHAL PRADESH (BAPSYCA311TH)

Course Code	BAPSYCA311TH		
Credits-4	L	T	P
	60	30	0
Course Type	GE		
Lectures to be Delivered	90		

### Comprehensive Knowledge of Himachal Pradesh (BAPSYCA311IA) Continuous Comprehensive Assessment (CCA) Pattern

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

**The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.**

### COURSE: COMPREHENSIVE KNOWLEDGE OF HIMACHAL PRADESH (BAPSYCA311TH)

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
Practical	Nil	Nil	0.00 Hrs
CCA	30	12	
Total	100	40	

**Allotted Time**  
**COMPREHENSIVE KNOWLEDGE OF HIMACHAL PRADESH (BAPSYCA311TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

**COMPREHENSIVE KNOWLEDGE OF HIMACHAL PRADESH (BAPSYCA311TH)**  
**Paper Setting Scheme for psychology (Theory Paper) Annual Examination**

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
<b>Total</b>							<b>70</b>

**SYLLABUS (GE-1)**  
**COMPREHENSIVE KNOWLEDGE OF HIMACHAL PRADESH**  
**(BAPSYCA311TH)**

Unit-1 : Meaning of Himachal Pradesh. Geographical Location and area, Riyasats and Thakuraian of HP.

Unit-2: Brief history of Himachal Pradesh. Economy of the state.

Unit-III: Folk Tradition, and socio-cultural traditions e.g. fairs and festivals

Unit-IV: Temple and Deities of Himachal Pradesh. Reconciliation of Socio-emotional conflicts through deity possession.

**Readings**

Ahluwalia, M.S. (1998). Social, Cultural, and Economic History of Himachal Pradesh. New Delhi: Indus Publishing.

Gupta, C. L. ( ). Himachal Pradesh: Hisotory, culture and economy.

Balokhra, J. M. ( ). Wonderland Himachal Pradesh.

Harnot, S. R. ( ). Temples of Himachal Pradesh.

Dev Raj. Himachal atit, vartman avam bhavishaya.

Dr. Y. s. Parmar. Polyandary in Himachal Pradesh.

L. C. Pandey. Prachin Himachal.

Andrew Wilson: Above to god.

## BA-III PSYCHOLOGY (GE-2)

### COURSE: SUBSTANCE USE DISORDERS (BAPSYCA312TH)

Course Code	BAPSYCA312TH		
Credits-4	L	T	P
	60	30	0
Course Type	GE		
Lectures to be Delivered	90		

### SUBSTANCE USE DISORDERS (BAPSYCA312IA) Continuous Comprehensive Assessment (CCA) Pattern

Minor Test (Marks)	Assignments /Seminars/ Class Test/ Tutorials/ Quiz (Marks)	Attendance	Total Marks
15	10	5	30

**The pattern of examination for conducting the minor tests will be same as prescribed for the annual examination.**

### COURSE: SUBSTANCE USE DISORDERS (BAPSYCA312TH)

Components	Maximum Marks Allotted	Minimum Pass Marks	Time Allotted
Theory	70	28	3.00 Hrs
Practical	Nil	Nil	0.00 Hrs
CCA	30	12	
Total	100	40	



**Allotted Time**  
**SUBSTANCE USE DISORDERS (BAPSYCA312TH)**

Unit	Allotted Time Hours		
	L	T	P
I.	15	7	0
II.	15	7	0
III.	15	8	0
IV.	15	8	0
	60	30	0

L-Lecture, T-Tutorial and P-Practical

**SUBSTANCE USE DISORDERS(BAPSYCA312TH)**  
**Paper Setting Scheme for psychology (Theory Paper) Annual Examination**

Part	Section	No of Questions	Syllabus coverage	Nature of Questions and Answers	Question to be attempted	Marks	Total Marks
A	1	10	Complete	Objective Type (MCQ)	10	1 each	10
	2	08	Complete	Short answer type (100-150 words)	5	4 each	20
B		02	Unit-1	About 500 words	1	10	10
C		02	Unit-II	About 500 words	1	10	10
D		02	Unit-III	About 500 words	1	10	10
E		02	Unit-IV	About 500 words	1	10	10
<b>Total</b>							<b>70</b>

## **SYLLABUS(GE-2)**

### **SUBSTANCE USE DISORDERS (BAPSYCA312TH)**

Unit-I: Nature of substance use disorders. Alcoholism: Effects and stages.

Unit-II: Drug abuse: Introduction to different category of drugs, stimulants, depressants, opioids, hallucinogens in brief.

Unit-III: Main Causal factors of alcoholism and drug abuse.

Unit-IV: Prevention of substance uses in brief.

#### Recommended Books

- Blaney, P. H. (2008). Oxford Textbook of Psychopathology . Amazon.
- Carson, R. C., Butcher, J. N. , Mineka, S. & Hooley, J. M. (2013). Abnormal Psychology 13<sup>th</sup> Ed. New Delhi: Pearson Education.
- Carson, R.C, Butcher, J.N. and Mineka, S. (1995). Abnormal Psychology and Modern Life, 10<sup>th</sup> edition.
- Chauhan, B. R. (2001). Asamanya Manovigyan. Kurukshetra: Azad Publication
- Coleman, James (1980). Abnormal Psychology and Modern Life. New Delhi: Pearson Publications Pvt. Ltd.
- Davey, G. (2012). Psychopathology: Research, Assessment and Treatment in Clinical Psychology. Wiley Blackwell.
- Davison, G.C. and Neale, J.M. (1998). Abnormal Psychology (7th ed.). New York: John Wiley.
- Dixit, Nirupama (2010). Asamanya Manovigyan. Agra: Aggrawal Publications.
- Herpertz, S. C. (Ed.).(2013) Psychopathology. Karger AG Basel Publishers.
- Jaspers, K. , Hoenig, J., & Marian, W. H. (2007). General Psychopathology (vol.-1). Amazon.
- Lamm, A. (1997). Introduction to Psychopathology. NY: Sage.
- Mangal, S. K. (2008). Abnormal Psychology. New Delhi: Sterling Publishers Pvt. Ltd.
- Mohanty, G. (2004). A textbook of abnormal Psychology. New Delhi: Kalyani Publishers.
- Sarason, I. G. , & Sarason, B. R. (1996). Abnormal Psychology. New Delhi: Prentice Hall of India.
- Sharma, R. N. (1993). Abnormal Psychology. New Delhi: Surjeet Publications.
- Singh, L., & Tiwari, G. (2008). Asamanya Manogigyan. Agra: Vinod Pustak Mandir.
- Singh, R. N. (2009). Adhunik Asamanya Manovigyan. Agra: Aggrawal Publications.
- Srivastava, A. (2010). Manovikriti Vigyan. Agra: Aggrawal Publications.
- Srivastava, D.N. (1991). Adhunik Asamanya Manovigyan (6th ed.). Agra : Sahiytya.