

HIMACHAL PRADESH UNIVERSITY
(NAAC Accredited 'A' Grade University)
DEPARTMENT OF EVENING STUDIES
The Mall, Shimla-171001

No. HPU (CES)-

Dated: 28/08/2019

The staff and students of the Department of Evening Studies, Himachal Pradesh University participated in the Prime Minister's Fit India Movement by walking together and pledging to incorporate walking, exercise, sports and nutritious food in their daily routine.



Prof. Meenakshi F Paul, Principal, administered the fitness pledge.

Prof. Arti Pandit Dhawan, Dr Ashutosh Kumar, Dr Sanjeet Sharma and Dr Sunil K. Mankotia led the walk. Students from the undergraduate and postgraduate courses joined in the walk with great enthusiasm. Non-teaching staff also joined the walk to spread awareness about Svasth Bharat.

