

HIMACHAL PRADESH UNIVERSITY
‘CONDUCT BRANCH’ SHIMLA-5.

Datesheet for Diploma in Yoga Studies examinations to be held in December, 2025

Evening Session: Time: 2.00 PM to 5.00 PM

Date	Paper	Title of the Paper
16.12.2025	Paper-1 (DYS-C-101)	Concept of Yoga and its Traditional Aspects
18.12.2025	Paper-2 (DYS-C-102)	Foundations of Hatha Yoga and its Practices
20.12.2025	Paper-3 (DYS-C-103)	Human Anatomy, Physiology, Diet and Yoga Therapy

Dated: Shimla-5, the 06.12.2025

Sd/-
Assistant Registrar (Conduct)
Examination Centre:

Sd/-
Controller of Examinations

1. Science Block, H.P. University, ShimlaH.P University, Shimla-5.