

**HIMACHAL PRADESH UNIVERSITY**  
**‘CONDUCT BRANCH’ SHIMLA-5.**

Datesheet for Diploma in Yoga Studies examinations to be held in July, 2025

Evening Session:

Time: 2.00 PM to 5.00 PM

Date	Paper	Title of the Paper
19.07.2025	Paper-1 (DYS-C-101)	Concept of Yoga and its Traditional Aspects
21.07.2025	Paper-2 (DYS-C-102)	Foundations of Hathay Yoga and its Practices
23.07.2025	Paper-3 (DYS-C-103)	Human Anatomy, Physiology, Diet and Yoga Therapy

Dated: Shimla-5, the 10.07.2025

Sd/-

Assistant Registrar (Conduct)

Sd/-

Controller of Examinations

**Examination Centre:**

1. Swami Vivekanand Multi Faculty Building, H.P. University, ShimlaH.P University, Shimla-5.
2. Govt. College Nurpur (H.P).